



Propedeutics of Addiction Medicine

1. IMPRINT	
Academic Year	2023/2024
Department	Faculty of Medicine and Dentistry
Field of study	English Dentistry Division
Main scientific discipline	Medical Sciences
Study Profile	General academic
Level of studies	Uniforms MSc
Form of studies	Stationary
Type of module / course	Obligatory
Form of verification of learning outcomes	Completion
Educational Unit / Educational Units	Department of Psychiatry, Medical University of Warsaw 00-665 Warsaw, Nowowiejska 27 22825-12-36, email: sekretariat@psych.waw.pl www.psych.waw.pl

Head of Educational Unit / Heads of Educational Units	Prof. Marcin Wojnar MD, PhD
Course coordinator	Prof. Marcin Wojnar MD, PhD; marcin.wojnar@wum.edu.pl
Person responsible for syllabus	Andrzej Jakubczyk MD, PhD; ajakubczyk@wum.edu.pl
Teachers	Andrzej Jakubczyk MD, PhD; ajakubczyk@wum.edu.pl

2. BASIC INFORMATION			
Year and semester of studies	I year, I semester	Number of ECTS credits	2
FORMS OF CLASSES		Number of hours	ECTS credits calculation
Contacting hours with academic teacher			
Lecture (L)		0	0
Seminar (S)		15	0,6
Discussions (D)		10	0,4
e-learning (e-L)			
Practical classes (PC)			
Work placement (WP)			
Unassisted student's work			
Preparation for classes and completions		30	1

3. COURSE OBJECTIVES	
O1	To introduce basic knowledge on etiology, prophylactics and treatment of substance and behavioral addictions.
O2	To prepare for utilizing the skills of solving the problems which appear during work with patients dependent and co-dependent on substances.

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

Code and number of effect of learning in accordance with standards of learning	Effects in time
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Knowledge – Graduate* knows and understands:

D.W2.	forms of violence, models explaining domestic violence and violence in selected institutions, social determinants of various forms of violence and the role of the doctor and dentist in recognizing it
D.W10.	mechanisms of addiction to psychoactive substances as well as goals and methods of treatment
D.W11.	principles of motivating the patient to pro-health behavior and informing about unfavorable prognosis
D.W15.	rights of patients
E.W8.	symptoms of viral hepatitis, HIV infection and acquired immune deficiency syndrome (AIDS) in infectious and parasitic diseases
E.W11.	the influence of a pregnant woman's nutrition and addiction on the development of the fetus

Skills– Graduate* is able to:

D.U1.	consider the patient's subjective needs and expectations resulting from socio-cultural conditions in the process of therapeutic treatment
D.U2.	see and respond to the signs of anti-health and self-destructive behavior
D.U4.	build an atmosphere of trust during the entire diagnostic and treatment process
D.U5.	take actions to improve the patient's quality of life and prevent its deterioration in the future
D.U7.	identify risk factors for violence, recognize violence and respond appropriately
D.U12.	respect patient's rights
E.U6.	plan management of exposure to blood borne infection
E.U17.	recognize pathologies related to smoking, alcoholism and other addictions

5. ADDITIONAL EFFECTS OF LEARNING

Number of effect of learning	Effects of learning i time
Knowledge – Graduate knows and understands:	
Skills– Graduate is able to:	
Social Competencies – Graduate is ready for:	

6. CLASSES		
Form of class	Class contents	Effects of Learning
S1-Seminar 1	Medical aspects of alcohol dependence. Epidemiology of alcohol dependence, motives of alcohol drinking, definitions of: hazardous, harmful drinking, alcohol dependence, harms associated with drinking alcohol: somatic, psychological, social, basic principles of therapy in alcohol dependence, high functioning alcoholics (HFA)	D.W10., D.W2., D.W15.
S2-Seminar 2	Substance and novel substance dependence. Risk factors: social, psychological, genetic, biological. Pathophysiology of addictions, diagnosis: diagnostic criteria according to ICD-10 and ICD-11; models of harmful and hazardous use, addictive potential of psychoactive substances, physical and psychical dependence, groups of substances: opioids, cannabinoids, hallucinogens, stimulants, benzodiazepines, novel substances (“smart drugs”) – activity, withdrawals, basic principles of treatment	D.W10., D.W2., D.W15.
S3-Seminar 3	Behavioral addictions Definitions of behavioral addictions, diagnosis, risk factors, description of most common behavioral addictions: pathologic gambling, shopping addiction, technological addictions: smartphone, internet, work, strategies of treatment	D.W10.

S4-Seminar 4	Eating disorders Biological, psychosocial and cultural functions of eating, regulation of appetite and eating, kinds of eating disorders, eating disorders and addictions (similarities, differences, comorbid addictions)	E.W11., D.W11.
C1-Class 1	Identification of individuals using psychoactive substances, significance of early diagnosis and treatment of disorders associated with use of psychoactive substances	E.U17., D.U4.
C2-Class 2	Helping people dependent on substances, possibilities of treatment – brief interventions, motivational evaluation, referral to specialist treatment. Levels of therapy: detoxification intensive treatment programs, prophylactics of relapse. Description of availability of treatment in Poland, self-help organizations, other forms of help.	D.U2., D.U1., D.U5., D.U12.
C3-Class 3	Organization of addiction prophylactics, main principles and strategies of prophylactics programs.	D.U2.
C4-Class 4	Co-dependence and help for families of addicted individuals; meeting participants of AA, NA, Al-Anon communities. Problems of children of addicted parents – developmental and psychological consequences, adult children of alcoholics.	D.U7., D.U1.
C5-Class 5	Prevention of medical consequences of substance abuse – prophylactics of HIV, HCV, HBV, FAS (Fetal Alcohol Syndrome); physical and psychical violence All classes and seminars led by Andrzej Jakubczyk MD. PhD)	E.W8., E.U17., D.U7., E.U6.

7. LITERATURE

Obligatory

Semple D, Smyth R, Burns J, Darjee R, McIntosh A. Oxford Handbook of Psychiatry. Oxford University Press 2005

Supplementary

Black D, Andreasen N. Introductory Textbook of Psychiatry. American Psychiatric Publishing, Inc. 5 edition 2010

8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
D.W10., D.W2., D.W15.	Test consisting of 30 questions (1 answer correct)	Score above 60% of correct answers. Completion without note
D.W11., E.W11., E.W8., D.U 1, D.U2, D.U4, D.U5, D.7U, D.U12, E.U6, E.U17	Active participation in seminars and classes, observation of students during the meeting	Positive evaluation of students' skills and competencies conducted by the teacher

9. ADDITIONAL INFORMATION

Regulations:

1. Presence is obligatory.
2. All absences have to be justified; ways of catching up have to be arranged with the teacher.
3. Students late for classes above 15 minutes will be treated as absent.
4. Moving to another student group is possible if number of students in one group is suitable.
5. Checking the level of mastering the material will take place on every class and seminar and is a determinant of completion.
6. For students who fail to pass the tests, one additional resit will be established.

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ATTENTION

The final 10 minutes of the last class in the block/semester/year should be allocated to students' Survey of Evaluation of Classes and Academic Teachers