



Propedeutics of Addiction Medicine

1. IMPRINT

Academic Year	2025/2026
Department	Faculty of Medicine and Dentistry
Field of study	English Dentistry Division
Main scientific discipline	Medical Sciences
Study Profile	General academic
Level of studies	Uniforms MSc
Form of studies	Stationary
Type of module / course	Obligatory
Form of verification of learning outcomes	Completion
Educational Unit / Educational Units	Department of Psychiatry, Medical University of Warsaw 00-665 Warsaw, Nowowiejska 27 22825-12-36, email: sekretariat@psych.waw.pl www.psych.waw.pl
Head of Educational Unit / Heads of Educational Units	Prof. Marcin Wojnar MD, PhD
Course coordinator	Prof. Marcin Wojnar MD, PhD; marcin.wojnar@wum.edu.pl
Person responsible for syllabus	Andrzej Jakubczyk MD, PhD; ajakubczyk@wum.edu.pl
Teachers	Andrzej Jakubczyk MD, PhD; ajakubczyk@wum.edu.pl

2. BASIC INFORMATION

Year and semester of studies	I year, I semestr	Number of ECTS credits	1.5
FORMS OF CLASSES		Number of hours	ECTS credits calculation
Contacting hours with academic teacher			
Lecture (L)		0	
Seminar (S)		10	0,5
Discussions (D)		10	0,5
e-learning (e-L)		0	
Practical classes (PC)		0	
Work placement (WP)		0	
Unassisted student's work			
Preparation for classes and completions		15	0,5

3. COURSE OBJECTIVES	
O1	To introduce basic knowledge on etiology, prophylactics and treatment of substance and behavioral addictions.
O2	To prepare for utilizing the skills of solving the problems which appear during work with patients dependent and co-dependent on substances.

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING	
Code and number of effect of learning in accordance with standards of learning	Effects in time
In terms of knowledge, the graduate knows and understands:	
D.W2.	human behaviours conducive to maintaining health, principles of health promotion, prophylaxis as well as primary and secondary prevention;
D.W3.	forms of violence, including domestic violence, social determinants of different forms of violence, and the role of a dental surgeon in its recognition, as well as the principles of conduct in the event of suspecting violence, taking into account the "Blue Card" procedure;
D.W9.	the principles of motivating the patient to maintain healthy lifestyle and behave in a manner conducive to maintaining health;
D.W13.	problematic psychoactive substance use and addiction as well as behavioural addictions, methods of conducting brief interventions with problematic psychoactive substance users, addiction mechanisms and the

	goals and methods of treatment of addicts as well as effective prevention strategies, psychosomatic disorders occurring in people in a close relationship with an addict and therapeutic management methods;
E.W14.	symptoms of hepatitis, HIV infection and acquired immunodeficiency syndrome (AIDS), infectious and parasitic diseases;
E.W18.	impact of nutrition and alcohol and other psychoactive substances addictions on the development of the fetus in pregnant women;

In terms of skills, the graduate can:

D.U1.	consider the patient's subjective needs and expectations arising from socio-cultural conditions in the therapeutic process;
D.U2.	select treatment that reduces social consequences for the patient;
D.U6.	establish a relationship with the patient and their family to build appropriate rapport;
D.U10.	take actions to improve the patient's quality of life and prevent its future deterioration;
E.U6.	plan procedures in the event of exposure to blood-borne infections;
E.U18.	recognise diseases related to smoking tobacco and problematic use of or dependence on alcohol and other psychoactive substances;

5. ADDITIONAL EFFECTS OF LEARNING

Number of effect of learning	Effects of learning i time
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Knowledge – Graduate knows and understands:

K1	
K2	

Skills– Graduate is able to:

S1	
S2	

Social Competencies – Graduate is ready for:

SC1	
SC2	

6. CLASSES

Form of class	Class contents	Effects of Learning
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S1 - Seminar 1	Alcohol dependence. Epidemiology of alcohol dependence, motives of alcohol drinking, definitions of: hazardous, harmful drinking, alcohol dependence, high functioning alcoholics (HFA), medical aspects of alcohol dependence	D.W2., D.W3., D.W13., E.W18.
S2 - Seminar 2	Substance and novel substance dependence. Risk factors: social, psychological, genetic, biological. Pathophysiology of addictions, diagnosis: diagnostic criteria according to ICD-10 and ICD-11, addictive potential of psychoactive substances, physical and psychical dependence, groups of substances: opioids, cannabinoids, hallucinogens, stimulants, benzodiazepines, novel substances (NSP) – activity, withdrawals.	D.W2., D.W3., D.W13.
S3 - Seminar 3	Behavioral addictions Definitions of behavioral addictions, diagnosis, risk factors, description of most common behavioral addictions: pathologic gambling, shopping addiction, technological addictions: smartphone, internet, work, strategies of treatment	D.W13.
S4 - Seminar 4	Eating disorders Biological, psychosocial and cultural functions of eating, regulation of appetite and eating, kinds of eating disorders, eating disorders and addictions (similarities, differences, comorbid addictions)	D.W9., E.W18.
S5 – Seminar 5	Somatic consequences of addictions. Basic principles of therapy of substance use dependence and behavioral addictions	D.W13., E.W14.
C1 - Class 1	Identification of individuals using psychoactive substances, significance of early diagnosis and treatment of disorders associated with use of psychoactive substances	D.U6., E.U18.
C2 - Class 2	Helping people dependent on substances, possibilities of treatment – brief interventions, motivational evaluation, referral to specialized treatment. Levels of therapy: detoxification intensive treatment programs, prophylactics of relapse. Description of availability of treatment in Poland, self-help organizations, other forms of help.	D.U1., D.U2., D.U10.
C3 - Class 3	Organization of addiction prophylactics, main principles and strategies of prophylactics programs.	D.U1., D.U10.
C4 - Class 4	Co-dependence and help for families of addicted individuals; meeting participants of AA, NA, Al-Anon communities. Problems of children of addicted parents – developmental and psychological consequences, adult children of alcoholics.	D.U1., D.U6.
C5 - Class 5	Prevention of medical consequences of substance abuse – prophylactics of HIV, HCV, HBV, FAS (Fetal Alcohol Syndrome); physical and psychical violence	E.U6., E.U18.

7. LITERATURE

Obligatory

Sampe D, Smyth R, Burns J, Darjee R, McIntosh A. Oxford Handbook of Psychiatry. Oxford University Press 2005

Supplementary

Black D, Andreasen N. Introductory Textbook of Psychiatry. American Psychiatric Publishing, Inc. 5 edition 2010

8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
D.W2., D.W3., D.W9., D.W13., E.W14., E.W18.	Test consisting of 30 questions (1 answer correct)	Score above 60% of correct answers. Completion without note
D.W2., D.W3., D.W9., D.W13., E.W14., E.W18., D.U1., D.U2., D.U6., D.U10., E.U6., E.U18.	Active participation in seminars and classes, observation of students during the meeting	Positive evaluation of students' skills and competencies conducted by the teacher

9. ADDITIONAL INFORMATION

Regulations:

1. Presence is obligatory.
2. All absences have to be justified; ways of catching up have to be arranged with the teacher.
3. Students late for classes above 15 minutes will be treated as absent.
4. Moving to another student group is possible if number of students in one group is suitable.
5. Checking the level of mastering the material will take place on every class and seminar and is a determinant of completion.
6. For students who fail to pass the tests, one additional resit will be established.
7. Last 10 minutes of the last meeting in semester is devoted for fulfilling the Survey of Evaluation of Classes and Academic Teachers by students

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ATTENTION

The final 10 minutes of the last class in the block/semester/year should be allocated to students'
Survey of Evaluation of Classes and Academic Teachers