



Propedeutics of Addiction Medicine

1. IMPRINT	
Academic Year	2022/2023
Department	Faculty of Dental Medicine
Field of study	English Dentistry Division
Main scientific discipline <i>(in accord with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>	Medical sciences
Study Profile <i>(general academic / practical)</i>	General academic
Level of studies <i>(1st level / 2nd level / uniform MSc)</i>	Uniforms MSc
Form of studies	Full-time program
Type of module / course <i>(obligatory / non-compulsory)</i>	Obligatory
Form of verification of learning outcomes <i>(exam / completion)</i>	Completion
Educational Unit / Educational Units <i>(and address / addresses of unit / units)</i>	Department of Psychiatry, Medical University of Warsaw 00-665 Warsaw, Nowowiejska 27 Phone: +48 22 825-12-36; fax +48 22 825 13 15 www.psych.waw.pl; email: sekretariat@psych.waw.pl

Head of Educational Unit / Heads of Educational Units	Prof. Marcin Wojnar MD, PhD
Course coordinator (title, First Name, Last Name, contact)	Prof. Marcin Wojnar, MD, PhD; marcin.wojnar@wum.edu.pl
Person responsible for syllabus (First name, Last Name and contact for the person to whom any objections concerning syllabus should be reported)	Andrzej Jakubczyk, MD, PhD; ajakubczyk@wum.edu.pl
Teachers	Andrzej Jakubczyk, MD, PhD; ajakubczyk@wum.edu.pl

2. BASIC INFORMATION

Year and semester of studies	I year, I semester	Number of ECTS credits	2
FORMS OF CLASSES		Number of hours	ECTS credits calculation
Contacting hours with academic teacher			
Lecture (L)			
Seminar (S)		15	0,6
Discussions (D)		10	0,4
e-learning (e-L)			
Practical classes (PC)			
Work placement (WP)			
Unassisted student's work			
Preparation for classes and completions		30	1

3. COURSE OBJECTIVES

O1	To introduce basic knowledge on etiology, prophylactics and treatment of substance and behavioral addictions.
O2	To prepare for work with patients dependent and co-dependent on substances.

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING (concerns fields of study regulated by the Regulation of Minister of Science and Higher Education from 26 of July 2019; does not apply to other fields of study)

<p>Code and number of effect of learning in accordance with standards of learning (in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</p>	<p>Effects of learning in time</p>
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Knowledge – Graduate* knows and understands:

D.W2.	forms of violence, models explaining domestic violence and violence in selected institutions, social determinants of various forms of violence and the role of the doctor and dentist in recognizing it
D.W10.	mechanisms of addiction to psychoactive substances as well as goals and methods of treatment
D.W11.	principles of motivating the patient to pro-health behavior and informing about unfavorable prognosis
D.W15.	rights of patients
E.W8.	symptoms of viral hepatitis, HIV infection and acquired immune deficiency syndrome (AIDS) in infectious and parasitic diseases
E.W11.	the influence of a pregnant woman's nutrition and addiction on the development of the fetus

Skills– Graduate* is able to:

D.U1.	consider the patient's subjective needs and expectations resulting from socio-cultural conditions in the process of therapeutic treatment
D.U2.	see and respond to the signs of anti-health and self-destructive behavior
D.U4.	build an atmosphere of trust during the entire diagnostic and treatment process
D.U5.	take actions to improve the patient's quality of life and prevent its deterioration in the future
D.U7.	identify risk factors for violence, recognize violence and respond appropriately
D.U12.	respect patient's rights
E.U6.	plan management of exposure to blood borne infection
E.U17.	recognize pathologies related to smoking, alcoholism and other addictions

* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

5. ADDITIONAL EFFECTS OF LEARNING (non-compulsory)

<p>Number of effect of learning</p>	<p>Effects of learning in time</p>
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Knowledge – Graduate knows and understands:

K1	the epidemiology and dynamics of changes in addictions
K2	behavioral addictions
K3	co-addiction and problems associated with it
K4	the role of physician in prophylactics of addictions

Skills– Graduate is able to:

S1	recognize addiction and co-addiction
S2	react on risky behaviors of the patient
S3	describe specific places where patient can ask for professional help

Social Competencies – Graduate is ready for:

SC1	refusal when proposed a drug. Also knows where to seek help for treatment substance use problems or behavioral addictions
SC2	recognizing own limitations, deficits and educational needs
SC3	cooperation in a professional team, in a multicultural and multinational environment
SC4	cooperation for health protection on the basis of professional companionship with other health care professionals
SC5	obeying the rules of medical secret and patient's rights.

6. CLASSES

Form of class	Class contents	Effects of Learning
Seminars	Seminar 1: Medical aspects of alcohol dependence. Epidemiology of alcohol dependence, motives of alcohol drinking, definitions of: hazardous, harmful drinking, alcohol dependence, harms associated with drinking alcohol: somatic, psychological, social, basic principles of therapy in alcohol dependence	D.W10., D.W2., D.W15., K1., S1.
	Seminar 2: Substance and novel substance dependence. Risk factors: social, psychological, genetic, biological. Pathophysiology of addictions, diagnosis: diagnostic criteria according to ICD-10; models of harmful and hazardous use, addictive potential of psychoactive substances, physical and psychical dependence, groups of substances: opioids, cannabinoids, hallucinogens, stimulants, benzodiazepines, novel substances ("smart drugs") – activity, withdrawals, basic principles of treatment	D.W10., D.W2., D.W15., K1., S2,
	Seminar 3: Behavioral addictions Definitions of behavioral addictions, diagnosis, risk factors, description of most common behavioral addictions: pathologic gambling, shopping addiction, technological addictions: smartphone, internet, work, strategies of treatment	D.W10., K2., K4., S3.
	Seminar 4: Eating disorders Biological, psychosocial and cultural functions of eating, regulation of appetite and eating, kinds of eating disorders, eating disorders and addictions (similarities, differences, comorbid addictions)	E.W11., D.W11., K4., S2.

Classes	Class 1: Identification of individuals using psychoactive substances, significance of early diagnosis and treatment of disorders associated with use of psychoactive substances	E.U17., D.U4., K4., S1., S2.
	Class 2: Helping people dependent on substances, possibilities of treatment – brief interventions, motivational evaluation, referral to specialistic treatment. Levels of therapy: detoxification intensive treatment programs, prophylactics of relapse. Description of availability of treatment in Poland, self-help organizations, other forms of help.	D.U2., D.U1., D.U5., D.U12., SC3., SC4., SC5., K4., S2., S3.
	Class 3: Organization of addiction prophylactics, main principles and strategies of prophylactics programs.	D.U2., SC1., SC2., K4., S3.
	Class 4: Co-dependence and help for families of addicted individuals; meeting participants of AA, NA, Al-Anon communities. Problems of children of addicted parents – developmental and psychological consequences, adult children of alcoholics.	D.U7., D.U1., SC2., K3., S1.
	Class 5: Prevention of medical consequences of substance abuse – prophylactics of HIV, HCV, HBV, FAS (Fetal Alcohol Syndrome); physical and psychical violence	E.W8., E.U17., D.U7., E.U6., K4., S2.
All classes and seminars led by Andrzej Jakubczyk MD. PhD)		

7. LITERATURE

Obligatory

Sampele D, Smyth R, Burns J, Darjee R, McIntosh A. Oxford Handbook of Psychiatry. Oxford University Press 2005

Supplementary

Black D, Andreasen N. Introductory Textbook of Psychiatry. American Psychiatric Publishing, Inc. 5 edition 2010

8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
D.W10., D.W2., D.W15., K1-K4	Test consisting of 30 questions (4 answers, 1 correct)	Score above 60% of correct answers. Completion without note
D.W11., E.W11., E.W8., K1-K4	Oral checking of students' preparation to seminars	Active participation in seminars

D.U 1, D.U2, D.U4, D.U5, D.7U, D.U12, E.U6, E.U17, S1-S3	Oral checking of students' preparation to classes	Active participation in classes
SC1 – SC5	Attitude and behavior towards patients	Using the described social competencies

9. ADDITIONAL INFORMATION (information essential for the course instructor that are not included in the other part of the course syllabus e.g. if the course is related to scientific research, detailed description of, information about the Science Club)

Regulations:

1. Presence is obligatory.
2. All absences have to be justified; ways of catching up have to be arranged with the teacher.
3. Students late for classes above 15 minutes will be treated as absent.
4. Moving to another student group is possible if number of students in one group is suitable.
5. Checking the level of mastering the material will take place on every class and seminar and is a determinant of completion.

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