



First medical aid

1. IMPRINT	
Academic Year	2026/2027
Department	Faculty of Medicine and Dentistry
Field of study	English Dentistry Division
Main scientific discipline	Medical sciences
Study Profile	General Academic
Level of studies	Uniform MSc
Form of studies	Full time studies
Type of module / course	Obligatory
Form of verification of learning outcomes	Completion
Educational Unit / Educational Units	Department of Internal Medicine and Cardiology Lindleya 4, 02-005 Warsaw Tel: 22 502 11 44, e-mail: kchwk@wum.edu.pl

Załącznik nr 4C do Procedury opracowywania i okresowego przeglądu programów studiów
(stanowiącej załącznik do zarządzenia nr 68/2024 Rektora WUM z dnia 18 kwietnia 2024 r.)

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Course coordinator	Prof. dr hab. n. med. Piotr Pruszczyk; piotr.pruszczyk@wum.edu.pl, tel. 22 502 11 44
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2. BASIC INFORMATION				
Year and semester of studies	IV year. VII semester		Number of ECTS credits	0,4
FORMS OF CLASSES		Number of hours	ECTS credits calculation	
Contacting hours with academic teacher				
Lecture (L)				
Seminar (S)		2	0,1	
Discussions (D)				
e-learning (e-L)				
Practical classes (PC)		3	0,1	

Work placement (WP)		
Unassisted student's work		
Preparation for classes and completions	6	0,2

3. COURSE OBJECTIVES

C.1.	To remind and acquire by a student of the medical and dental faculty the ability to take quick diagnostic and therapeutic actions in life-threatening situations. Performing BLS resuscitation. Treatment for choking.
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4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

Code and number of effect of learning in accordance with standards of learning	Effects in time
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Knowledge – Graduate* knows and understands:

E.W17.	causes and mechanisms of circulatory and respiratory arrest and principles of resuscitation and post-reanimation procedures
E.W18.	life-threatening conditions
E.W.20.	cases in which the patient should be referred to hospital

Skills– Graduate* is able to:

E.U2.	assess and describe the somatic and mental state of the patient;
E.U8.	recognize the risk of life-threatening;
E.U9.	describe and recognize the symptoms of shock and acute heart failure;

5. ADDITIONAL EFFECTS OF LEARNING

Number of effects of learning	Effects of learning in time
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Knowledge – Graduate knows and understands:

K1	-
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Skills– Graduate is able to:

S1	-
Social Competencies – Graduate is ready for:	
SC1	-

6. CLASSES		
Form of class	Class contents	Effects of Learning
Seminar 1	General principles of BLS resuscitation in adults and children according to ERC 2021 standards. Automatic external defibrillator. Fixed lateral position. Choking. Discussion of basic resuscitation procedures, proper technique of performing them, use of AED and its role in resuscitation. Paying attention to the ability to recognize sudden cardiac arrest and return to a hemodynamically efficient rhythm. Presentation of the differences in resuscitation in children. Also, ways to respond to choking. Presentation of the fixed lateral position and its importance in securing an unconscious person.	E.W17., E.W18., E.W20., E.U8., E.U9.
Seminar 2	First aid in the dental office - specificity, requirements. Special situations: shock, anaphylaxis, etc. The seminar covers the most common health and life-threatening emergencies that occur in a dental office. The management will be analyzed based on clinical cases. The differences in BLS and ALS resulting from the place of the incident will be indicated.	E.W17., E.W18., E.W20., E.U8., E.U9.
Practical classes	C1-C2 - Exercises on mannequins, use of AED, choking, lateral fixed position - Part 1. Exercises in the exercise room using mannequins, automatic external defibrillators and other equine equipment to save human health and life.	E.W17., E.W20., E.U2., E.U8., E.U9.
Practical classes	C1-C2 - Exercises on mannequins, use of AED, choking, lateral fixed position - Part 2. Exercises in the exercise room using mannequins, automatic external defibrillators and other equine equipment to save human health and life.	E.W17., E.W20., E.U2., E.U8., E.U9.

7. LITERATURE
Obligatory
1. Textbook of Adult Emergency Medicine, George Jelinek, Anne-Maree Kelly, Anthony F. T. Brown 2. 2025 European Resuscitation Council Guidelines https://www.erc.edu/science-research/guidelines/guidelines-2025/guidelines-2025-english/ 3. In Polish: Wytyczne Europejskiej i Polskiej Rady Resuscytacji z 2021 roku. https://www.prc.krakow.pl/wytyczne_2021.html 4. In Polish: Wytyczne Europejskiej i Polskiej Rady Resuscytacji z 2025 roku. https://www.prc.krakow.pl/wytyczne-2025/
Supplementary
Textbook of Paediatric Emergency Medicine, Peter Cameron, George Jelinek, Ian Everitt, Gary J. Browne, Jeremy Raftos

8. VERIFYING THE EFFECT OF LEARNING		
Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion

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E.W17., E.W18., E.W20., E.U2., E.U8., E.U9.	During classes, assistants check knowledge of the applicable material from indicated sources of knowledge and textbooks. On the last day of classes at the Clinic, the test will be based on attendance and practical skills from the exercises. The second and third re-sit examination takes the form of an oral examination and takes place on individually agreed upon dates during the academic year, but is mandatory before the start of the summer semester examination session.	Attendance at all classes, active participation in seminars and exercises. Passing without grades.
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9. ADDITIONAL INFORMATION

Classes are held according to the schedule from the Dean's Office in the Clinic's seminar room. (Lindleya 4 Street, pavilion 3, 2nd floor). Attendance of all exercises is mandatory. Absences require credit by completing the outstanding material with the teaching assistant, preparing a presentation on a given topic, and/or making classes with another group. The final 10 minutes of the last class will be devoted to students completing the Class and Academic Teacher Assessment Survey.

If you fail to pass a course with the teaching assistant, you must take a make-up test on the date agreed with the course coordinator. In the event of failure to pass a make-up examination, a re-assessment examination with the participation of the Head of the Clinic is ordered.

Before starting classes, students leave their outerwear in the clinic's student locker room. In case of unfavorable weather conditions, students are obliged to change their shoes. Coats are not required.

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ATTENTION

The final 10 minutes of the last class in the block/semester/year should be allocated to students' Survey of Evaluation of Classes and Academic Teachers