



## Social Dentistry

### 1. IMPRINT

|                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Academic Year                                         | 2026/2027                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Department                                            | Faculty of Dental Medicine                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Field of study                                        | English Dentistry Division                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Main scientific discipline                            | Medical sciences                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Study Profile                                         | general academic                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Level of studies                                      | Uniform MSc                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Form of studies                                       | Full-time program                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of module / course                               | Obligatory                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Form of verification of learning outcomes             | Exam                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Educational Unit / Educational Units                  | Department of Social Medicine and Public Health<br>Medical University of Warsaw<br>Pawińskiego Str, 3a, 02-106 Warsaw                                                                                                                                                                                                                                                                                                                                      |
| Head of Educational Unit / Heads of Educational Units | Professor Aneta Nitsch-Osuch, MD, PhD                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Course coordinator                                    | Professor Aneta Nitsch-Osuch, MD, PhD<br><a href="mailto:msizp@wum.edu.pl">msizp@wum.edu.pl</a><br><a href="mailto:anna.jagielska@wum.edu.pl">anna.jagielska@wum.edu.pl</a>                                                                                                                                                                                                                                                                                |
| Person responsible for syllabus                       | Anna Jagielska, MD, PhD – <a href="mailto:anna.jagielska@wum.edu.pl">anna.jagielska@wum.edu.pl</a>                                                                                                                                                                                                                                                                                                                                                         |
| Teachers                                              | Anna Jagielska, MD, PhD – <a href="mailto:anna.jagielska@wum.edu.pl">anna.jagielska@wum.edu.pl</a><br>Katarzyna Lewtak, DMD, PhD – <a href="mailto:katarzyna.lewtak@wum.edu.pl">katarzyna.lewtak@wum.edu.pl</a><br>Aleksandra Kozłowska, MD, PhD – <a href="mailto:aleksandra.kozlowska@wum.edu.pl">aleksandra.kozlowska@wum.edu.pl</a><br>Klaudia Wiśniewska, MSc, PhD - <a href="mailto:klaudia.wisniewska@wum.edu.pl">klaudia.wisniewska@wum.edu.pl</a> |

### 2. BASIC INFORMATION

**Załącznik nr 4C do Procedury opracowywania i okresowego przeglądu programów studiów**  
(stanowiącej załącznik do zarządzenia nr 68/2024 Rektora WUM z dnia 18 kwietnia 2024 r.)

|                                         |                    |                        |                          |
|-----------------------------------------|--------------------|------------------------|--------------------------|
| Year and semester of studies            | I year, I semester | Number of ECTS credits | 2,5                      |
| FORMS OF CLASSES                        |                    | Number of hours        | ECTS credits calculation |
| Contacting hours with academic teacher  |                    |                        |                          |
| Lecture (L)                             |                    | 7 (e-learning)         | 0,3                      |
| Seminar (S)                             |                    | 14                     | 0,6                      |
| Classes (C)                             |                    | 14                     | 0,6                      |
| e-learning (e-L)                        |                    |                        |                          |
| Practical classes (PC)                  |                    |                        |                          |
| Work placement (WP)                     |                    |                        |                          |
| Unassisted student's work               |                    |                        |                          |
| Preparation for classes and completions |                    | 25                     | 1,0                      |

### 3. COURSE OBJECTIVES

|    |                                                                                                                                                                                                                                                                                                                                    |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| O1 | To gain knowledge of current problems of social dentistry as an element of social medicine, with particular emphasis on aspects related to the epidemiology of infectious and non-infectious diseases, hygiene in the dental office, lifestyle medicine (nutrition, physical activity, stimulants), current environmental threats. |
| O2 | Preparation for the ability to conduct health promotion activities.                                                                                                                                                                                                                                                                |
| O3 | Gain skills in counseling for the prevention of chronic non-communicable diseases and the prevention and reporting of communicable diseases, planning surveys, interpreting results, and using statistical methods.                                                                                                                |

### 4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING

|                                                                                           |                                                                                                                                                           |
|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Code and number of the effect of learning in accordance with standards of learning</b> | <b>Effects in the field of:</b> <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i> |
|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|

**Knowledge – Graduate\* knows and understands:**

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|        |                                                                                                                                                                             |
|--------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| B.W21. | Principles of metabolism and nutrition                                                                                                                                      |
| E.W18. | Impact of nutrition and alcohol and other psychoactive substances addictions on the development of the fetus in pregnant women                                              |
| E.W19. | Principles of dental care for pregnant women                                                                                                                                |
| G.W2.  | Concepts and models of health promotion                                                                                                                                     |
| G.W3.  | Basic concepts regarding prevention, health promotion, and environmental hygiene as well as concepts related to individual health, health of the population, and lifestyles |
| G.W4.  | Methods of determining the health needs of the society                                                                                                                      |
| G.W5.  | Health situation and healthcare policy strategy in the Republic of Poland, European Union and worldwide                                                                     |
| G.W10. | Aetiology of occupational diseases as defined by law, including those related to the practice of dentistry                                                                  |
| G.W11. | Indicators of population health status and principles of epidemiological assessment of population health status                                                             |
| G.W12. | Principles of planning and evaluation of preventive actions                                                                                                                 |
| G.W13. | Principles of epidemiological development of an infectious disease outbreak and principles of management in the situation of an epidemiological emergency                   |

**Skills– Graduate\* is able to:**

|        |                                                                                                                                                                                                                                                      |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| D.U1.  | Consider the patient's subjective needs and expectations arising from socio-cultural conditions in the therapeutic process                                                                                                                           |
| D.U10. | Take actions to improve the patient's quality of life and prevent its future deterioration                                                                                                                                                           |
| G.U1.  | Analyse data on the health status of the population, epidemiological data and use them to determine the health status of the population and predict the impact of selected health phenomena and problems on the functioning of the healthcare system |
| G.U2.  | Assess the scale of health problems and indicate health priorities and determine their significance in health policy                                                                                                                                 |
| G.U3.  | Analyse the determinants of the epidemiological situation in terms of social and demographic processes and quality of life - general and related to oral health                                                                                      |
| G.U4.  | Develop simple oral health prevention and promotion programmes                                                                                                                                                                                       |
| G.U5.  | Plan prophylaxis and health promotion activities and implement population health promotion activities                                                                                                                                                |
| G.U9.  | Provide the patient with the necessary information on oral health promotion, risk factors and ways to prevent the most common social diseases                                                                                                        |
| G.U10. | Interpret basic epidemiological indicators, define, and evaluate the reliability and accuracy of tests used in screening                                                                                                                             |
| G.U11. | Explain the differences between prospective and retrospective, randomised and case-controlled studies, case reports and intervention studies and rank them according to the reliability and quality of the scientific evidence                       |

\* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

**5. ADDITIONAL EFFECTS OF LEARNING (non-compulsory)**

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| Number of effect of learning                        | Effects in the fields of:                                                              |
|-----------------------------------------------------|----------------------------------------------------------------------------------------|
| <b>Knowledge – Graduate knows and understands:</b>  |                                                                                        |
| K1                                                  | the importance of health education for the health of the population and the individual |
| <b>Skills– Graduate is able to:</b>                 |                                                                                        |
| S1                                                  | educate patients about healthy lifestyle principles                                    |
| S2                                                  | educate patients about the impact of the environment on health                         |
| <b>Social Competencies – Graduate is ready for:</b> |                                                                                        |
| SC1                                                 | take responsibility for the health of populations and individuals                      |

| 6. CLASSES    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                       |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| Form of class | Class contents                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Effects of Learning                   |
| Lectures      | L1 Social dentistry, social inequalities in health. <i>The aim of the lecture is to present the importance of social dentistry for improving population health and reducing social inequalities in health.</i>                                                                                                                                                                                                                                                          | G.K3., G.K4., K1                      |
|               | L2 - Health promotion theory. <i>The aim of the lecture is to present the history and current situation of health promotion in the world and in Poland.</i>                                                                                                                                                                                                                                                                                                             | G.K2., G.K3.                          |
|               | L3 - Environmental determinants of health—water, air, food, and modern hazards—with a particular focus on aspects relevant to dentistry. <i>The lecture aims to present the impact of environmental factors—including water and air quality and food safety—on population and oral health, specifically addressing environmental and occupational exposures relevant to dental practice, as well as opportunities for patient education on minimizing risk factors.</i> | G.K3., G.K4., G.W10., G.W11., S2      |
|               | L4 - Oral health and general health. <i>The purpose of this lecture is to present the impact of oral diseases on human health, including the risk of non-communicable diseases.</i>                                                                                                                                                                                                                                                                                     | B.K21., E.K18., E.K19., G.K3., G.K11. |
|               | L5 - Epidemiology of non-communicable diseases (Poland, Europe, world) <i>The aim of the lecture is to present the current epidemiological situation of non-communicable diseases.</i>                                                                                                                                                                                                                                                                                  | B.K21., G.K5., G.K11.                 |
|               | L6 - Basic epidemiological concepts and definitions (epidemic outbreak, endemic, epidemic, pandemic, incidence, prevalence, case fatality rate, mortality rate). <i>The aim of the lecture is to explain epidemiological terms.</i>                                                                                                                                                                                                                                     | G.K4., G.K5., G.K11., G.K12., G.K13.  |
|               | L7 - Sanitary-epidemiological surveillance in Poland, with particular emphasis on the work of the dentist. <i>The aim of the lecture is to present the principles of infectious disease surveillance, taking into account the specific nature of the dental practice.</i>                                                                                                                                                                                               | G.K5., G.K11., G.K12., G.K13.         |
| Seminars      | S1 - Health promotion practice. <i>The aim of the seminar is to present the practical aspects of health promotion.</i>                                                                                                                                                                                                                                                                                                                                                  | G.K3., G.K4., D.S5., G.S5.            |

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|                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| S2 - Oral health promotion – health programs and health policy programs. <i>The aim of the seminar is to discuss existing health promotion programs, with particular emphasis on the role of dentists.</i>                                                                                                                                                                                                      | G.K3., G.K4., D.S10., G.S2., G.S4., G.S5., G.S9.                            |
| S3 - The impact of selected metals on oral health. <i>The aim of the seminar is to discuss the effects of selected metals on the oral environment.</i>                                                                                                                                                                                                                                                          | G.K3., G.K4., D.S1., D.S10., G.S2., S1                                      |
| S4 -Health consequences of addictions (cigarettes, alcohol), use of stimulants in the practice of dentists <i>The aim of the seminar is to discuss the effects of stimulants on human health and the risk of addiction in the aspect of work.</i>                                                                                                                                                               | G.K3., G.K4., D.S1., D.S10., G.S2., S1                                      |
| S5 - Nutrition and oral health. The role of nutrition in the prevention of dental and periodontal disease. Diet and development of oral cavity. <i>The aim of the seminar is to present the influence of nutrition on the condition of human oral cavity.</i>                                                                                                                                                   | B.K21., E.K18., E.K19., G.K3., G.K4., G.K12., D.S1., D.S10., G.S3., S1, SC1 |
| S6- The role of nutrition during pregnancy. Lifestyle medicine in the prevention of noncommunicable diseases. The role of proper nutrition and physical activity. <i>The aim of the seminar is to present the influence of nutrition on human health.</i>                                                                                                                                                       | B.K21., E.K18., E.K19., G.K3., G.K4., G.K12., D.S1., D.S10., S1, SC1        |
| S7 - Microplastics, BPA, and other modern environmental and occupational exposures: implications for oral health. <i>The aim of the seminar is to discuss the impact of modern environmental pollutants and occupational exposures (including those in dental practice) on human and oral health, as well as to analyze the potential mechanisms of their action and their consequences for the population.</i> | G.K3., G.K4., G.K10., G.K11., D.S1., D.S10., G.S4., S2                      |
| S8 - Climate change and population and oral health: new challenges for the healthcare system. <i>The aim of the seminar is to discuss the impact of climate change on population health—including oral health—while considering social and demographic factors as well as work environment aspects, and to identify new challenges for prevention and the healthcare system.</i>                                | G.K4., G.K5., G.K11., G.S1., G.S2., G.S3., G.S4., S2                        |
| S9 - Oral health of the Polish population based on epidemiological studies. <i>The aim of the seminar is to present current data on the prevalence of oral diseases in the Polish population, broken down by age and/or gender.</i>                                                                                                                                                                             | G.K5., G.K11., G.K12., D.S1., G.S1., G.S2., G.S3.                           |
| S10 - The current situation regarding infectious diseases in Poland and worldwide. <i>The aim of the seminar is to discuss the occurrence of infectious diseases that pose a major threat to the health and lives of the population, including patients.</i>                                                                                                                                                    | G.K11., G.K13., G.S1., G.S2., G.S3.                                         |
| S11 - The dental out-patient clinic as a link in the epidemiological chain. <i>The purpose of this seminar is to discuss the risks associated with the emergence of infectious disease cases in a specialty practice setting.</i>                                                                                                                                                                               | G.K13., G.K1., G.S10., G.S11.                                               |
| S12 - Aseptics and antiseptics in the dental office. Causes of infections in dental practices and infection prevention. <i>The aim of the seminar is to present the principles of prevention of infectious diseases in the aspect of work of a dentist.</i>                                                                                                                                                     | G.K10., G.K13., G.S10., G.S11.                                              |
| S13 - New and re-emerging infectious diseases. <i>The purpose of this seminar is to discuss current infectious disease threats worldwide.</i>                                                                                                                                                                                                                                                                   | G.K5., G.K11., G.K13., D.S1., G.S1., G.S2., G.S5.                           |
| S14 -Vaccination as the primary form of prevention of infectious diseases. Anti-vaccine movements as a potential health threat to individual patients and populations. <i>The purpose of this seminar is to present the benefits of vaccination to the health of the individual and the patient at large, with a particular focus on the occupational exposure of dentists.</i>                                 | G.K5., G.K11., G.K13., D.S1., G.S1., G.S2., G.S5., G.S10.                   |

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|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|
|         | S15 Types of epidemiological studies: observational and experimental. Characteristics of the following studies: correlational, prevalence, case-control, cohort, randomized clinical trials, field trials, and environmental studies. <i>The aim of the seminar is to discuss the potential applications of epidemiological studies in the medical sciences.</i>                                                                                                                                         | G.K11., G.K13., G.S10., G.S11.                       |
| Classes | C1 Fluoride in dentistry: scientific evidence regarding the benefits and risks of using fluoride-containing products. The aim of the exercises is to analyze scientific evidence concerning the efficacy and safety of using fluoride-containing products across different age groups.                                                                                                                                                                                                                   | G.K3., G.K4., G.K10., D.S10., G.S10., G.S11.         |
|         | C2 Strategies for reducing health inequalities. <i>The aim of the exercises is the practical application of key strategies for reducing health inequalities when designing programs targeted at groups at risk of social exclusion.</i>                                                                                                                                                                                                                                                                  | G.K3., G.K4., G.K10., D.S1., G.S4., G.S10., G.S11.   |
|         | C3 Developing health policy programs. <i>As part of the exercises, students will design a health policy program.</i>                                                                                                                                                                                                                                                                                                                                                                                     | G.K2., G.K4., D.S1., G.S1., G.S2., G.S4., G.S5.      |
|         | C4 A healthy lifestyle in daily dental practice: from theory to practice. Critical reading of the literature. Dietary assessment. <i>The aim of the practical sessions is to consolidate knowledge regarding a healthy lifestyle—acquired during lectures and seminars—by formulating recommendations for selected patient cases.</i>                                                                                                                                                                    | D.S1., D.S10., G.S1., G.S2., G.S4.                   |
|         | C5 Practical methods for assessing nutritional status as a means of monitoring health. Body composition assessment using a Tanita device. <i>The aim of the practical sessions is to consolidate knowledge regarding nutrition—acquired during lectures and seminars—through the performance of anthropometric measurements, with particular emphasis on the impact of abnormal nutritional status on the prognosis of patients undergoing dental treatment, as well as on the dentist's own health.</i> | D.S1., D.S10., G.S1., G.S2., G.S4.                   |
|         | C6 Environmental and occupational risk factors in dental practice – the role of lifestyle in mitigating the effects of exposure. <i>The aim of the exercises is to consolidate knowledge regarding risk factors present in the dental work environment (physical, chemical, and ergonomic) and to develop skills in identifying and mitigating them, while considering the role of lifestyle in modulating the effects of occupational exposure.</i>                                                     | G.K3., G.K4., G.K10., G.S10., G.S11.                 |
|         | C7 Occupational diseases in dentistry: recognition, prevention, and the role of lifestyle in the course of the disease. <i>The aim of the practical classes is to consolidate knowledge regarding occupational diseases associated with the practice of dentistry and to develop skills in recognizing and preventing them, as well as applying reporting procedures, while taking into account the impact of lifestyle on the disease course and prognosis.</i>                                         | G.K3., G.K4., G.K10., G.S10., G.S11.                 |
|         | C8 Principles of identifying epidemiological studies, illustrated by selected scientific publications. <i>The aim of the exercises is to consolidate knowledge regarding types of epidemiological studies—acquired during lectures and seminars—by identifying them based on data from published scientific papers.</i>                                                                                                                                                                                  | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11. |
|         | C9 Epidemiology in practice: study design, application of statistical methods, and interpretation of results. <i>The aim of the practical sessions is to consolidate knowledge regarding epidemiological studies—acquired during lectures and seminars—by developing research protocols focused on the prevention and treatment of oral diseases.</i>                                                                                                                                                    | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11. |
|         | C10 Principles of conducting screening. Screening – how to properly evaluate screening parameters? <i>The aim of the exercises is to consolidate the knowledge of screening acquired during lectures and seminars by developing the skills to evaluate screening programs.</i>                                                                                                                                                                                                                           | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11. |

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|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
|  | C11 The five moments of hand hygiene in a dental practice setting – practical exercises. <i>The aim of the exercises is to acquire the skills necessary for proper hand disinfection before commencing work with a patient.</i>                                                                                                                                                              | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11., SC1 |
|  | C12 Methods of preventing infectious diseases at the population level. Reporting infectious diseases in dental practice. <i>The aim of the practical sessions is to consolidate knowledge regarding infectious diseases—acquired during lectures and seminars—by practicing the procedures for reporting such diseases.</i>                                                                  | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11., SC1 |
|  | C13 Management of an epidemic outbreak. <i>The aim of the exercises is to consolidate knowledge of infectious diseases acquired during lectures and seminars by working through a case study of an infectious disease outbreak.</i>                                                                                                                                                          | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11., SC1 |
|  | C14 EpiNews: analysis of the epidemiological situation regarding selected infectious diseases in Poland, Europe, and worldwide. <i>The aim of the exercises is to consolidate knowledge of infectious diseases acquired during lectures and seminars by analyzing and presenting the current health status of the population, based on available data from the WHO, ECDC, NIZP-PZH, etc.</i> | G.K12., G.K13., D.S1., D.S10., G.S5., G.S10., G.S11., SC1 |

## 7. LITERATURE

### Obligatory

1. Friedman G.D. Primer of Epidemiology. McGraw-Hill, New York (available in the Institute)
2. Jędrychowski W, Muger U. Epidemiologic methods in studying chronic diseases. International Center for Studies & research in Biomedicine, Luxembourg 2000.
3. Gerald van Belle, Lloyd D. Fisher, Patrick J. hearty, Thomas S. Lumley. Biostatistics: A methodology for health sciences. 2nd Edition, August 2004.
4. Ahrens W., Pigeot I. Hanbook of Epidemiology. Springer-Verlag, Berlin, Heilderberg 2005 (selected chapters)
5. Shills ME et al. Modern nutrition in health and disease, LWW 2010
6. Gibney MJ et al. Introduction to Human Nutrition, Wiley-Blackwell 2009
7. Escott – Stump S, Nutrition and Diagnosis-related care, LWW 2007
8. Rom WN, Environmental and occupational medicine, LWW 2006
9. Levy BS, Occupational and environmental health, LWW 2005
10. [www.who.org](http://www.who.org)
11. Polish Journal of Nutrition
12. American Journal of Preventive Medicine

### Supplementary

1. <https://www.who.int/>
2. <https://www.ecdc.europa.eu/en>
3. <https://www.cdc.gov/>

## 8. VERIFYING THE EFFECT OF LEARNING

| Code of the course effect of learning                                                   | Ways of verifying the effect of learning                                                 | Completion criterion                                            |
|-----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| B.K21., E.K18., E.K19., G.K2., G.K3., G.K4., G.K5., G.K10., G.K11., G.K12., G.K.13., K1 | Participation in e-learning lectures. Solving quizzes and test. Obtaining a certificate. | Passing the quizzes and the test (at least 61% correct answers) |

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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| B.K21., E.K18., E.K19., G.K2.,<br>G.K3., G.K4., G.K10., D.S1.,<br>D.S10., G.S1., G.S2., G.S3., G.S4.,<br>G.S5., G.S9., G.S10., G.S11., S1,<br>S2, SC1                                        | Attendance at all seminars. Active participation in the seminars                                                                                                                                                                                               | To pass the course, students must complete at least 61% of the assigned tasks, which corresponds to a passing grade.                                                                                                                                                                                                                                          |
| G.K2., G.K3., G.K4., G.K10., D.S1.,<br>D.S10., G.S1., G.S2., G.S3., G.S4.,<br>G.S5., G.S9., G.S10., G.S11., S1,<br>S2, SC1                                                                   | Passing practical classes during the exercises. Positive assessment of acquired skills and competences obtained from the class leader – report from the exercise. Preparation and presentation of a presentation on a given topic related to health promotion. | To pass the course, students must complete at least 61% of the assigned tasks, which corresponds to a passing grade.                                                                                                                                                                                                                                          |
| B.K21., E.K18., E.K19., G.K.2.,<br>G.S3., G.S4., G.K5., G.K10.,<br>G.K11., G.K12., G.K.13., K1, D.S1.,<br>D.S10., G.S1., G.S2., G.S3., G.S4.,<br>G.S5., G.S9., G.S10., G.S11. S1, S2,<br>SC1 | The final written exam, including the content of lectures, seminars and exercises.                                                                                                                                                                             | Single-choice test with 50 questions. Examination time is 60 minutes. To pass a student needs to score at least >61% correct answers (out of 50).<br>Assessment Criteria<br>2. 0 (failed) <31 points.<br>3. 0 (satisfactory) 31-37 points<br>3. 5 (satisfactory +) 38-40 pts<br>4. 0 (good) 41-42 pts<br>4,5 (good +) 43-45 pts<br>5. 0 (very good) 46-50 pts |

## 9. ADDITIONAL INFORMATION

- Classes are conducted exclusively during the winter semester, in accordance with the STUDY REGULATIONS OF THE MEDICAL UNIVERSITY OF WARSAW (an attachment to Resolution No. 23/2026 of the MUW Senate dated April 20, 2026).
- Person responsible for instruction: Anna Jagielska, PhD (anna.jagielska@wum.edu.pl; tel. 501438258).
- Course requirements include participation in e-learning lectures and obtaining a certificate, as well as active participation in seminars and practical classes. Students download the e-learning completion certificate individually; there is no requirement to submit it to the Department.
- Absences must be made up with another group, subject to prior arrangement regarding joining the class with the person responsible for instruction or the teacher conducting the specific class. The sequence of classes and their codes are listed separately for each group. Absences are excused in accordance with the procedures set out in § 23 and § 24 of the STUDY REGULATIONS OF THE MEDICAL UNIVERSITY OF WARSAW (an attachment to Resolution No. 23/2026 of the MUW Senate dated April 20, 2026).
- Students must arrive punctually for practical classes; the use of mobile phones and other electronic devices during class is prohibited, except for purposes related to seminar or practical class assignments. Participating in classes while under the influence of alcohol, intoxicants, psychotropic substances, substitute substances, or new psychoactive substances—as defined by regulations on counteracting drug addiction—is prohibited (§ 20 of the STUDY REGULATIONS OF THE MEDICAL UNIVERSITY OF WARSAW, constituting an appendix to Resolution No. 23/2026 of the Senate of the Medical University of Warsaw dated April 20, 2026). Should a student's actions be found to constitute a disciplinary violation under § 21 of the aforementioned REGULATIONS, the appropriate university authorities will be notified immediately. The sequence of topics covered is determined individually for each group.
- Eligibility for course credit requires passing the assignments completed during practical classes. Course credit is awarded during the final two weeks (weeks 14 and 15) of the winter semester, prior to the start of the examination session. A prerequisite for obtaining course credit and eligibility for the final exam is achieving a score of at least 61% correct answers on the final test.
- The final exam is administered exclusively during the winter session; the test consists of 50 questions, with only one correct answer out of five options; a score exceeding 61% (i.e., 31 points or more) is required to pass the exam. The Social Dentistry exam is conducted in accordance with §§ 27, 28, and 29 of the REGULATIONS. The dates for the first exam and any retake exams will be announced in accordance with § 6 point 2 of the aforementioned REGULATIONS, with retake exam dates (second and third attempts) scheduled during the retake session. In the event of failing the exam on the first attempt and during retake attempts, the student must individually apply for a commission exam in the manner prescribed in § 30 of the aforementioned REGULATIONS.
- Pursuant to § 16 of the STUDY REGULATIONS OF THE MEDICAL UNIVERSITY OF WARSAW (an attachment to Resolution No. 23/2026 of the Senate of the Medical University of Warsaw dated April 20, 2026), students making up curricular differences or applying for the transfer of course credit (or credit and an exam grade) are required to submit documents confirming the number of

ECTS points obtained and the exam grade, along with an application approved by the Dean, by the end of October of the given calendar year. Students are required to attend classes until they receive approval to have the course credit—or both the course credit and the exam grade—transferred.

9. The following student societies operate within the Department of Social Medicine and Public Health: the Student Society on Hygiene and Prevention (Supervisor: Anna Jagielska, MD, PhD; e-mail: [anna.jagielska@wum.edu.pl](mailto:anna.jagielska@wum.edu.pl)) and the Student Societys on Healthcare Management (contact for the supervisor, Magdalena Łoś, PhD, DSc: [magdalena.los@um.edu.pl](mailto:magdalena.los@um.edu.pl)). Information about these groups is available on the Department's website.

10. Please complete the instructor evaluation survey at <https://my.wum.edu.pl>.

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**ATTENTION**

The final 10 minutes of the last class of the block/semester/year should be allotted for students to fill out the Survey of Evaluation of Classes and Academic Teachers